

Chapter 2 Journals

#1 List the 2 factors that determine how personality develops.

#2 Define self-esteem. Rate yourself 1 being the lowest and 10 the highest. Why did you give yourself the score you did?

#3 Think of a time when you felt afraid and a time when you felt guilty. Describe how you behaved in response to each feeling.

#4 Explain primary and learned emotions.