**Mental Disorders**

**Chapter 4**

1. Mental Disorders
2. Disorder – A disturbance in the normal function of a part of the body.
3. There are \_\_\_\_\_\_\_\_\_\_\_\_\_\_ types of mental disorders.
4. \_\_\_\_\_ in \_\_\_\_\_\_ children and adolescents may suffer from a mental disorder.
5. Anxiety Disorders

Disorder in which \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ anxiety or \_\_\_\_\_\_\_\_\_\_\_ keeps a person from functioning normally.

1. Phobia – An exaggerated \_\_\_\_\_\_\_\_\_\_\_\_\_\_ of a specific situation or object.
2. Panic Attack – Intense real \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. Rapid breathing, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, fast heart rate, and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
4. Obsessive Compulsive disorders – Compulsions are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ repeated behaviors. Doing something \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and over again.
5. Post-Traumatic Stress Disorder – People who \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ a life threatening event.
6. General Anxiety Disorder – People who tend to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ about everything.

1. Mood Disorder

When people undergo changes in mood that seem inappropriate or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. Bipolar Disorder

1. Dramatic \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ for no apparent reason

2. Increased energy during the up-swing. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ during low swing.

B. Major Depression - People lose interest in life and can no longer find enjoyment in anything.

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ of teens suffers from depression.

C. Schizophrenia - People lose contact with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. They \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ things happening to them that aren’t real.

IV. Eating Disorders

1. Anorexia Nervosa – Irrational fear of becoming overweight.
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_ out of every \_\_\_\_\_\_\_\_\_\_\_ teenage girls may suffer from anorexia.
4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. SIDE EFFECTS:
6. Lower \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_, lower \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_, lower \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_, lower breathing rate, and loss of menstrual cycle for women.
7. Bulimia – Eating large amounts of food followed by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.
8. Symptoms – Dehydration, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_, acid irritates \_\_\_\_\_\_\_\_\_\_\_\_\_ and erodes the \_\_\_\_\_\_\_\_\_\_\_\_\_\_ of the teeth.
9. Binge Eating – Uncontrollable urge to eat large amounts of food.

1. SYMPTOMS – \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

1. Depression and Suicide
2. Teenage Suicide
3. \_\_\_\_\_\_\_\_\_\_ leading cause of death among 10-14 year olds.
4. People have a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that there is no way to cope
5. Self-injury - Burning or cutting to express emotions.
6. Health Care Specialists for Mental Health
7. Therapy - An approach that teaches you different ways of thinking or \_\_\_\_\_\_\_\_\_\_\_\_.
8. Therapy gets to the root of your emotional and mental problems and helps you work to find a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

B. Individual therapy – The individual and therapist meet \_\_\_\_\_\_\_\_\_\_\_\_\_ for sessions.

C. Group Therapy – Meeting with a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ with similar problems.

D. Family Therapy – Meeting with family members who \_\_\_\_\_\_\_\_\_\_\_ their problems.

E. Drug Therapy – Use of \_\_\_\_\_\_\_\_\_\_\_\_\_ to reduce a mental disorder.

VIII. Mental Health Providers

1. PSYCHOLOGIST – Mental health \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ who is trained and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by the state to perform therapy.
2. Clinical Social Worker – Licensed, Certified \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ professional with a \_\_\_\_\_\_\_\_\_\_\_\_\_\_ degree in social work.
3. PSYCHIATRIST - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_ with a specialty in the treatment of mental health problems.