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| **EFFECTS OF DRUGS** |

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| STIMULANT | IMMEDIATE EFFECTS | USE WITH PREGNANCY | CONTINUED HEAVY/REGULAR USE | WAYS OF TAKING |
| Tobacco |  |  |  |  |
| Caffeine |  |  |  |  |
| Amphetamine/  Methamphetamines  Speed |  |  |  |  |
| Cocaine/Crack |  |  |  |  |
| MDMA  Ecstasy |  |  |  |  |
|  |  |  |  |  |
| DEPRESSANT | IMMEDIATE EFFECTS | USE WITH PREGNANCY | CONTINUED HEAVY/REGULAR USE | WAYS OF TAKING |
| Alcohol |  |  |  |  |
| Minor Tranquilizers  Valium, Rohypnol, Serepax |  |  |  |  |
| Opiods  Heroin, Morphine, Codeine, Pethidine, Methadone, Opium  Opiods  Heroin, Morphine, Codeine, Pethidine, Methadone, Opium |  |  |  |  |
| Cannabis  Marijuana |  |  |  |  |
| Inhalants & Solvents  Petrol, Glue, Aerosol cans, Butane gas |  |  |  |  |
|  |  |  |  |  |
| HALLUCINOGEN | IMMEDIATE EFFECTS | USE WITH PREGNANCY | CONTINUED HEAVY/REGULAR USE | WAYS OF TAKING |
| Hallucinogens  LSD  Magic mushrooms  DMT  PCP |  |  |  |  |

Note: Mixing drugs can sharply increase the effects of either substance, e.g. driving ability can be markedly impaired by mixing alcohol with minor tranquilizers.