



Group Cycling

Why Cycle? Maybe it's because you'll burn an average of 500 calories per 40-minute ride. Maybe it's because regardless of your fitness level, you'll get a heart pounding yet low impact workout while maintaining the ability to go at your own pace.

Fee	Member	Resident Non-Member
Drop In	\$6.00	\$7.00
6 Punch Pass*	\$30 (\$5/class)	\$34
12 Punch Pass*	\$57 (\$4.75/class)	\$65
24 Punch Pass*	\$108 (\$4.50/class)	\$124

*Passes are good for all group cycling classes. Expire one year from date of purchase.

Riders must be at least 4'11". Min 3/Max 11 per class

Bring a water bottle, towel for you and one to clean the bike, heart monitor (optional)

Open to Members and Residents of the School District only.

Begins November 6, 2017

Classes are ongoing.

Monday: 5:45 - 6:30 pm

Wednesday: 5:45 - 6:30 pm

Tuesday: 5:30 - 6:15 pm

Thursday: 5:30 - 6:15 pm

Registration Process

We have 11 Bikes available

Purchase your punch pass or day pass & then sign up in the Cycling binder for classes. 24 hours' notice for cancellation or you will be charged a punch. Swipe in for class, initial by name & pick up a hang tag for your bike. Tags must be presented to instructor. Drop In's welcome if space available, payment must be made at check in to receive a tag. Not sure if Cycling is for you? All may sign up for ONE "Try It Free", must sign up at front desk for your one free class (based on space availability).

Stop at the Front Desk or Call 440-995-6840 to reserve a bike.

All sales must be done in person only.