

HEALTH NOTES

To help prevent the spread of communicable disease in our schools, it is important that all parent/guardians adhere to the following guidelines:

PROMOTE HANDWASHING in your family. It is the single best way to prevent the spread of disease.

Keep your child home if any of the following should occur:

- Vomiting within the previous 24 hours - even if they are "feeling better"
- Diarrhea within the previous 24 hours - even if they are "feeling better"
- Temperature of 100° or higher within the previous 24 hours
(do not administer medication to reduce/prevent fever and send the child to school)
- Awaiting 24-hour throat culture for "strep" - regardless of a negative rapid test
- Positive rapid "strep" test or throat culture (the student may return to school 24 hours after first dose of antibiotics)
- Any symptoms of a new illness such as a persistent cough, runny nose with body aches, severe ear pain, oozing rash or rash of unknown cause
- Conjunctivitis - red, itching, draining eye/s - requires a physician note or 24 hours of antibiotic therapy and no longer draining
- Lice or nits in the hair

Your child should look and feel back-to-normal for 24 hours before returning to school. WHY???

- To protect your child from exposure to more infection before he is able to build resistance.
 - To protect other children and school staff from communicable diseases that your child may transmit.
- **If you work during the day, you need to make plans in advance for who will care for your child if he/she is sick and needs to stay home or who will pick him up should he become ill while at school.**

Thank you from all the Mayfield staff for respecting the above guidelines so we can minimize contagious illnesses in our schools!