**Hinduism Vocabulary:**

**Castes**- social group one is born into; based on performance in a past life

**Reincarnation**- belief that a soul never dies; at death the spirit leaves the body and is reborn in another living thing

**Karma**- belief that one’s actions influence their fortune

**Attman**- “inner self”

**Vedas**- oldest Hindu books

**Buddhism Vocabulary:**

**Siddhartha Gautama**- founder of Buddhism

**Buddha**- “The Enlightened One”
**meditation**- deep focus; relaxation

**Reincarnation**- belief that a soul never dies (stops at nirvana)

**Nirvana**- state of blessed happiness and peace

**Sutras**- books of Buddha’s teachings