# Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date\_\_\_\_\_\_\_\_\_\_

## Insight Therapies

AP Psychology

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Freudian | **Neo-Freudian** | **Humanistic** | **Cognitive** | **Group** |
| **Method** |  |  |  |  |  |
| **Varied Approaches** |  |  |  |  |  |
| **Other Notes** |  |  |  |  |  |