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| UNIT 8 VOCABULARY TERMS |

**Unit 8: Motivation and Emotion: (327-406)**

Instinct

Drive-reduction theory

Homeostasis

Incentive

Hierarchy of Needs

Set point

Basal Metabolic rate

Anorexia Nervosa

Bulimia Nervosa

James-Lange theory

Cannon-Bard theory

Two-factor theory

Facial feedback

Catharsis

Feel-good, do-good phenomenon

Adaption-level phenomenon

Relative deprivation

Behavioral medicine

Health psychology

General adaptation syndrome (GAS)

Type A

Type B

Psychophysiological illness

Psychoneuroimmunology (PNI)

Lymphocytes

*Other terms to know (but not checked):*

Motivation

Glucose

Binge-eating disorder

Sexual response cycle

Refractory period

Estrogens

Testosterone

Sexual Orientation

Emotion

Polygraph

Well-being

Stress

Coronary heart disease