

The Nervous System: The Action Potential

1. a. The action potential changes the membrane potential from -70 mV (resting) to +30 mV and back again to the resting membrane potential (-70 mV).
b. This results from a change in membrane permeability first to Na+ then to K+ due to the opening of what type of ion channels?
voltage-gated
2. a. Where is the density of voltage-gated Na⁺ channels the greatest?
axon hillock
b. What areas of the neuron generate signals that open these voltage-gated channels? dendrites and cell body
c. Opening of these channels causes the membrane to depolarize (voltage change).
3. a. If the membrane reaches the trigger point, known as threshold, what electrical potential will be generated?
action potential
b. During the depolarization phase, voltage-gated Na+ channels open and Na+ enters the cell.
4. What are the two processes that stop the potential from rising above +30 mV?
 - a. inactivation of the voltage-gated Na⁺ channels
 - b. opening of the voltage-gated K⁺ channels
5. a. The opening of voltage-gated K⁺ channels cause the membrane to repolarize.

b. Does K^+ move into or out of the cell? out of

c. If the membrane potential becomes more negative than -70 mV, this is called hyperpolarization.

d. This potential is caused by what characteristic of K^+ permeability?

K^+ channels are slow to close

6. a. After an action potential, the neuron cannot generate another action

potential because Na^+ channels are inactivated. This period is called the absolute refractory period.

b. During the relative refractory period, the cell can generate another action potential but only if the membrane is more (more or less) depolarized.

7. a. Conduction velocity along the axon is increased by what two characteristics?

1. the diameter of the axon

2. how well the axon is insulated with myelin

b. Conduction along a myelinated axon is called

saltatory conduction.

8. a. Name the disease whose symptoms include loss of vision and increasing muscle weakness: multiple sclerosis

b. What does this disease destroy? myelin sheath of CNS axons

c. How does this stop an action potential? there is too much distance between the nodes of Ranvier