CLOTH MASKS FOR CAREGIVERS
RECOMMENDATIONS AT A GLANCE

CLOTH MASKS ARE **NOT** PERSONAL PROTECTIVE EQUIPMENT

<table>
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<th>NOT PPE</th>
<th>PPE</th>
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<td>Cloth mask</td>
<td>Surgical or ear-loop mask</td>
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CLOTH MASK ESSENTIALS

**WHEN TO WEAR**
Upon entering all Cleveland Clinic locations, until you need to don PPE. Not to be worn in any COVID-19 cohort location.

**HOW TO WEAR**
Tie behind head and neck, or secure behind ears with bands. Nose and mouth should be covered.

**WHERE TO GET**
Pick up from your Cleveland Clinic supervisor or bring from home.

CLOTH MASK GUIDANCE

**WHILE WEARING A CLOTH MASK**
- Don’t touch your mask while delivering patient care.
- Perform hand hygiene before and after touching/adjusting mask during patient care.

**TO DOFF**
1) Perform hand hygiene.
2) Remove cloth mask.
3) Visually inspect for damage/contamination. Get new mask if needed.
4) Fold so outer surface is turned inward during storage.
   - You may store in your pocket or a bag when not in use.
5) Perform hand hygiene.

**TO RE-DON**
1) Perform hand hygiene.
2) Don cloth mask.
3) Perform hand hygiene.

**TO CLEAN**
1) Launder/wash on a gentle cycle with soap and hot water and dry completely after each shift, at home.
2) Replace if damaged/soiled/contaminated.

**QUESTIONS?**
Contact your manager.

Updated 4/3/2020 @ 9:00 | Full recommendations at clevelandclinic.org/clothmask.