

Community Counseling Resources

Agencies (these are nondenominational)

- **Jewish Family Services** – (216) 292-3999 (**Sliding fee**)
- **Catholic Charity Services** – (216) 391-0505
- **Applewood Centers**
(216) 696-5800
 - New Appts. And Intake – (216) 459-9827, Psychiatry & Medical Services – (216) 696-6983
- **The Centers** – Center for Youth & Family Services,
1941 S. Taylor Road
Cleveland Heights, Ohio 44118
(216) 932-9497
 - RapArt, Heights Family to Family Collaborative, and Fathers an Families Together

Individuals Who Provide Services

- **Katie S. Cahn, MSSA, LISW** *Accepts: Medicaid/ CareSource*
(former school counselor)
Gateway Office Park
21625 Chagrin Blvd., Suite 200
Beachwood, Ohio 44122
Phone (216) 751-2864,
Ksc52012@icloud.com
www.katiecahn.com/
- **Janet Axler, LPCC-S** *Accepts Medicaid/ CareSource*
Gateway Office Park
21625 Chagrin Blvd., Suite 200
Beachwood, Ohio 44122
(216) 921-3222
- **Deborah Squires-Goeble, LISW** – 440.442.8600 *Accepts most all insurance*
6009 Landerhaven Drive Suite F
Mayfield Heights, OH 44124
(440) 442-8600
dsg@dsglisw.com
www.deborahsquiresgoeble.com/

- **Dr. Mark Lovinger**
Advanced Therapy Center
27600 Chagrin Blvd #140
Woodmere, Ohio 44122
(216) 450-1300
www.drlovinger.com/
- **Dr. John Hertzner** (through UH)
Child and Adolescent Psychiatry
(216) 844-3881
- **Dr. Mary Gabriel** (through UH)
Child and Adolescent Psychiatry
(216) 844-3881
- **Behavioral Pediatrics and Psychology – Rainbow Babies**
(216) 844-3881
 - Call and they can determine the best psychologist for your needs
- **Dr. Lee Horowitz**, Psychologist, private practice
3659 Green Road, Suite 218
Beachwood, Ohio 44122
(216) 831-2700
www.leehorowitz.com/
- **Family Behavioral Health Services**
6559 Wilson Mills (between I-271 and S.O.M. Center Road)
Mayfield Village, OH
(440) 460-0140
www.fbhslc.com
 - Social Skill groups for ages 5 to 13, lots of work with children, etc, Group & individual therapy

Additional Groups who provide Mental Health Services

- **Catholic Charities Health and Human Services, also provides substance abuse treatment**
7911 Detroit Ave.
Cleveland, Ohio 44102
(216) 334-2900
www.clevelandcatholiccharities.org
- **Charak Center for Health and Wellness, also provides substance abuse treatment**
12300 McCracken Road, Suite 137
Garfield Heights, Ohio 44125
(216) 587-6727

www.charakcenter.org

- **Affiliates in Behavioral Health LLC**
6133 Rockside Road, Suite 207
Independence, Ohio 44131
(216) 520-5969
www.affiliatesbh.org
- **Child Guidance & Family Solutions (3 different sites), also includes substance abuse treatment**
312 Locust Street
Akron, Ohio 44302-1878
(330) 762-0591
www.cgfs.org
- **Cleveland Christian Home**
11401 Lorain Ave.
Cleveland, Ohio 44111
(216) 671-0977
info@cchome.org
www.cchome.org
- **Crossroads, Mental Health Services – Sliding fee, also provides substance abuse treatment**
8445 Munson Road
Mentor, Ohio 44060
(440) 255-1700
www.crossroads-lake.org
- **National Association on Mental Illness (NAMI) Greater Cleveland**
2012 W. 25th St., Suite 600
Cleveland, Ohio 44113
(216) 875-7776
www.namigreatercleveland.org
- **Psychological & Behavioral Consultants, Inc. (PsychBC), 5 different locations, largest group in Ohio**
24800 Highpoint Road
Beachwood, Ohio 44122
(216) 831-6611
www.psychbc.com
- **Spectrum Psychological Associates, Inc.**
6700 Beta Dr.
Mayfield Village, OH 44143

(440) 446-9696
www.spectrum-psych.com

- **Dr. Richard Weisberg, PsyD -Psychological Solutions, LLC (multiple locations)**
The Hilltop Building
5035 Mayfield Road, Suite 201
Mayfield Village, OH 44124
(216) 291-1010
<http://www.docrich.com/>

Suicide

- **National Suicide Prevention Hotline:** (800) 273-8255
a.k.a. **Psychiatric Emergency and Suicide Prevention Hotline:** (800) 273-TALK
- **Mobile Crisis Team in Cleveland :** (216) 623-6888
- **Local Suicide Prevention Hotline:** (216) 251-7722
- **Crisis Text Line** (staffed by trained staff 24/7): text START to 741-741

Social Skills and Life Skills Groups

- **Friendship In Teams (FIT)**
Hannah Perkins in Shaker Heights –
23825 Commerce Park Rd, Suite B, Beachwood, OH 44122
(216) 292-7370
 - \$400 (\$50 a session) for 8 weeks for 1 hour a week. First 15 minutes is a lesson and next 45 minutes is playing to reinforce the lesson. They have a PreK – 1, one that goes up to 6th grade and then another for age 13-18.

Divorce and Single Parent Counseling and Services

- **Parents Without Partners – West Cuyahoga/ Lorain Chapter #1395**
(440)665-6166
Pwp1395@gmail.com
<http://pwp1395.yolasite.com>
- **Parents Without Partners – Lake Geauga Chapter #0412**
(440)40-354-3361
danaerules@att.net
www.facebook.com/pwp412

- **Willoughby Hills Friends Church**
2846 SOM Center Road
(440) 944-1026
 - Divorce Recovery
- **Beech Brook** – Helping Children Through Divorce, a Parent Education Seminar
(977) 547-1225

Grief Counseling

- **Cornerstone of Hope Grief Counseling Center**
5905 Brecksville Road, Independence
216-524-4673
www.cornerstoneofhope.org/
- **Grief Support Group with Hospice of the Western Reserve**
(216) 486-6838
(800) 707-8922
 - Teen Retreat – Bridges of Courage for teens aged 14-17
 - S.T.A.R.S – 6 week support group for grieving children 6-12 years old. Children and adults meet separately
 - Bereavement Day Camps – 1 and 3-day day camps for children aged 6-12
 - Family workshops – Holidays and special events for families to commemorate the deceased loved one
- **Joel's Place**
(440) 248-4412
info@joelsplaceforchildren.org
 - For school age children
- **Fairmount Presbyterian Church**
2757 Fairmount Blvd.
Cleveland Heights, Ohio 44118
(216) 321-5800
 - Annual bereavement classes (usually in winter)
 - Private bereavement counseling available by appointment
- **Patricia A. DeJohn, M.A.** (Does not take insurance)
Highland Place – Suite 200
6151 Wilson Mills Road
Highland Heights, OH 44143
(440) 461-4249

- **American Cancer Society**
(800) ACS-2345 or (800)-227-2345
www.cancer.org/treatment/childrenandcancer/
 - For children experiencing cancer in the family
- **The Gathering Place**
(216) 595-9546
info@touchedbycancer.org
www.touchedbycancer.com

Hospital Associated Individual and Family Counseling

- **University Hospitals Health System – Division of Child and Adolescent Psychiatry**
10524 Euclid Ave.
Cleveland, Ohio 44106
(866) 844-2273
(216) 844-3881
- **Cleveland Clinic Children’s Hospital Behavioral Health Department - Willoughby**
2570 SOM Center Road
Willoughby Hills, OH
(216) 444-5521
- **Cleveland Clinic Children’s Hospital Behavioral Health Department – Main Campus**
(216) 444-KIDS (5437)
- **Akron General Medical Center, Dept. Of Psychiatry & Behavioral Services**
400 Wabash Avenue, Akron, Ohio 44307
(330) 344-6000
www.akrongeneral.org
- **MetroHealth Psychiatry, Mental Health Services**
2500 MetroHealth Dr.
Cleveland, Ohio 44109
(216) 778-4428
www.metrohealth.org
- **Oakview Behavioral Health (SW General w/ Univ. Hospitals) – also provides substance abuse treatment**
18697 Bagley Rd
Middleburg Heights, Ohio 44130
(440)816-8200

www.swgeneral.com

Free Services Available

- **NORTHEAST OHIO NEIGHBORHOOD HEALTH SERVICES (NEON)**

<http://www.neonhealth.org/index.html>

NEON - Hough Health Center

8300 Hough Ave.

(216)-231-7700

Cleveland, OH 44103

Hours: Mon & Wed: 8:30am - 8:00pm

Tues, Thurs & Fri: 8:30am -10:00pm

Sat: 9:00am - 10:00pm Sun:2:00pm - 10:00pm

Pharmacy Hours: Mon, Tues, Thurs & Fri: 8:45 am - 5:45 pm

Sat: 10:00 am - 4:00 pm, Sun: Closed

NEON - East Cleveland Health Center

15201 Euclid Ave.

E. Cleveland, OH 44112

(216) 541-5600

Hours: Mon - Fri: 8:30am - 5:30pm

- **The Free Clinic of Cleveland on Euclid**
(216) 721-4010
- **Children and Family Services**
(216) 696-KIDS
- **First Call For Help (United Way)**
211 or (216) 436-2000
- **Cuyahoga County Board of Health**
(216) 201-2001
- **Emergency Food Pantry**
By Appointment Only
Church of the Western Reserve
30500 Fairmount Blvd.
Pepper Pike, OH 44124
(440) 442-2220

Sliding Fee Based on Income

- **Beech Brook**
(877) 547-1225
(216) 831-2255
- **Bellflower Center**
(216) 223-8800
- **Bridgeway**

(216) 281-2660

- **Highland Counseling Services**
(440) 461-1255
- 6. **Mary Mount Mental Health Center** – 216.581.0500
- 7. **Northeast Community Health Center** - 216.451.1141
- 8. **Children's Aid Society** – 216.521.6511

Respite Care for Families with a Special Needs Child

Galvin and Associates – referral for therapy
(All resources under one roof – ask for someone who specializes
in family counseling with a special needs child)

CCBDD - (216) 241-8230

1. Family Resource (ask for Respite Care)
2. Medicaid – Level 1 Waiver Program (available to all special needs children
to keep the child in the home by giving the parents as much help as possible)

To ask for help, referrals, and any questions, the following work for CCBDD and can help...

1. Marla Klein – 440-460-0531 – case worker – housed at CEVEC
2. Keiko Rowan – 440-995-7490 – Manager of case workers
3. Chuck Rowan – 216-464-0950 – case manager

Also the Rosemary Center - (216) 241-8230

Insurance – Medical and Dental

Healthy Start: <http://www.odh.ohio.gov/odhPrograms/ohs/oral/oralhowdoi/hlthstart.aspx>

Cuyahoga Benefits Application Hotline 216-416-4440

This is a Medicaid program that provides complete health and dental coverage for kids in families without insurance as long as family income is less than 200% of poverty guidelines. I believe that would be around \$80,000 for a family of 8.

EMERGENCY HELP!

Psychiatric Emergency and Suicide Prevention Hotline - **1-800-273-TALK**

Mobile Crisis Team in Cleveland - **216-623-6888**

Please remember, if you do not feel comfortable after the first or second interaction with a therapist or agency, there are plenty of others. Keep searching until you find someone with whom you feel very comfortable.

Rebecca C. Schmidt – 440.995.7370