Activity Steps

1. **Introduce** the video topic to students by saying: *Today we are going to watch a video exploring what you should do when someone uses mean or hurtful language on the internet.*
2. **Show** the *The Power of Words* video (2:42 minutes). (Note: Use the video video player to turn on subtitles in Spanish.)
3. **Lead** a class discussion exploring the questions below.

Distance learning option: Have students watch the video and complete the handout. If there’s time, have students share their responses during a video meeting.

Discussion Questions

1. **Why do you think the other player made those comments to Guts?**
   Sample responses:
   - They were trying to joke around.
   - They feel badly themselves and are taking it out on Guts.

2. **What did Guts do in response to the mean words?**
   Sample responses:
   - Guts talked to someone he trusted (his friend Legs), who was able to empathize with him and give him some good advice.
   - Define "empathy" as imagining the feelings that someone else is experiencing.

3. **How is getting called names online similar to getting called names in person?**
   Sample responses:
   - Mean words and name-calling can hurt other people’s feelings.

4. **What are the rules of S.T.O.P.? What can you do if someone is mean to you online?**
   Sample responses:
   - Step away. Tell a trusted adult, OK sites first, Pause and think online.
   - Answers will vary. Highlight that whenever students encounter an online interaction that makes them feel bad, they should step away from their device and ask a trusted adult for help.