GRADE 5: IS IT CYBERBULLYING?

Video Discussion

What You'll Need:
- Video
- Student Handout
- Student Handout (Spanish)

Activity Steps

1. **Introduce** the video topic to students by saying: *Today we are going to watch a video exploring what cyberbullying is and what you can do to stop it.*

2. **Show** the What's Cyberbullying video (1:44 minutes). (Note: The video is also available in Spanish, and you can also use the video player to turn on subtitles.)

3. **Lead** a class discussion exploring the questions below.

**Distance learning option:** Have students watch the video and complete the handout. If there's time, have students share their responses during a video meeting.

Discussion Questions

1. **What is cyberbullying?**
   Sample responses:
   - Cyberbullying is when someone uses digital devices, sites, or apps to intimidate, harm, and upset someone.

2. **What are some things you can do if you see cyberbullying?**
   Sample responses:
   - You can support the person that is being bullied. Show them that you care.
   - You can be an upstander. This might mean standing up for others and saying something to the bully or those involved.
   - You can report what you see by telling a trusted adult.

3. **Bullying and cyberbullying are both unacceptable, but what makes cyberbullying different?**
   Sample responses:
   - Cyberbullying can feel harder to escape, because it can happen anywhere and anytime.
   - It's easier for cyberbullies to hide who they are behind a screen.
   - Other people online can see what's happening online and even gang up on someone.