

Video Discussion



Quick Activity

What You'll Need: • [Video](#) • [Student Handout](#) • [Student Handout \(Spanish\)](#)

Activity Steps

1. **Introduce** the video topic to students by saying: *Today we're going to watch a video exploring the benefits and drawbacks of presenting yourself in different ways online.*
2. **Show** the [Teen Voices: Presenting Yourself Online](#) video (3:00 minutes). (Note: Use the video video player to turn on subtitles in Spanish.)
3. **Lead** a class discussion exploring the questions below.

Distance learning option: Have students watch the video and complete the handout. If there's time, have students share their responses during a video meeting.

Discussion Questions

1. *What reasons do people have for creating and using fake social media accounts (e.g., finstas)?*

Sample responses:

- To post about topics that only certain people will be interested in (e.g., video games, soccer, skateboarding, etc.).
- To post messages and images that are more casual or personal for close friends and family. Some people prefer to keep their main account more carefully curated. (Explain that "to curate" means to select, organize, and look after a collection.)
- To post messages or images that are hidden from certain people (i.e., parents, teachers, grandparents, etc.).
- To post things that they don't want to be associated with in real life (private thoughts, inappropriate jokes, mean comments, etc.).

2. *What are some of the results of having and using these accounts?*

Sample responses:

- Connecting with people who have the same interests as you.
- Having fun posting and sharing messages and photos with close friends.
- Time and energy spent using and managing multiple accounts.
- Accidentally posting from the wrong account or to the wrong group.
- A message or photo getting shared more widely than intended.
- Teasing, insults, or cyberbullying from anonymous accounts.

3. *How do you present yourself online?*

- Answers will vary.

