



Video Discussion

What You'll Need: • [Video](#) • [Student Handout](#) • [Student Handout \(Spanish\)](#)

Activity Steps

1. **Introduce** the video topic to students by saying: *Today we're going to watch a video exploring how using social media affects our digital footprint.*
2. **Show** the video [Teen Voices: Oversharing and Your Digital Footprint](#) (3:19 minutes). (Note: Use the video video player to turn on subtitles in Spanish.)
3. **Lead** a class discussion exploring the questions below.

Distance learning option: Have students watch the video and complete the handout. If there's time, have students share their responses during a video meeting.

Discussion Questions

1. *What are some of the benefits of sharing on social media?*

Sample responses:

- *Communication: It's a way to stay in touch and stay connected to friends and family.*
- *Expression: You can post your personal opinions and ideas about important topics.*
- *Entertainment: It's fun to share things you're interested in.*
- *Future: It's an opportunity to present a curated version of yourself for the public or for colleges and employers.*

2. *What are some of the drawbacks of social media use that the teens brought up in the video?*

Sample responses:

- *Oversharing: when people share something they later regret.*
- *Permanence: Embarrassing or regrettable posts, including those that "disappear" (Snaps, Stories, etc.), become part of your permanent digital footprint, which might have a negative impact. (Define "digital footprint" as all the information online about a person posted either by that person or others, intentionally or unintentionally.)*
- *Social pressure: when everyone else is posting, you feel pressure to participate.*
- *Life balance: Managing multiple platforms and accounts requires a lot of time.*

3. *What was one perspective shared in the video that you agreed with? Why?*

- *Answers will vary.*

